WRITING PLANS TO TREAT BEHAVIORAL ISSUES AFTER ACQUIRED BRAIN INJURY
(In Two Parts)
Some believe that 95% of maladaptive behaviors in treatment after brain injury can be accounted for by staff behavior!!!!!
### Behavior Planning Steps

1. Have you precisely described the behavior?
2. Do you fully understand the Phenomenology of Dyscontrol?
3. Did you devise a treatment plan?
4. Did you write down the plan?

### Treatment Planning Algorithm

- Defining the Behavior
- Determining the Impact of Emotions
- Determining the Impact of Cognition
- Determining the Impact of Social History
- Determining the Impact of Health Status
- Phenomenology of Dyscontrol
- Writing the Treatment Plan

### Behaviors for Reduction

- Physical aggression against people
- Physical aggression against objects
- Verbal aggression
- Social inappropriateness
- Sexual inappropriateness
- Social withdrawal
- Non-adherence
- Self-injurious behavior
- Suicidal ideation/behavior
- Demanding/Manipulative
- Risk to elope
- Wandering
- Hoarding
- Poor safety judgment/ impulsivity
- Unawareness of deficits
- Somatization
- Hallucinations/Delusions
- Agitation
- Anxiety
- Depression
SYMPTOMS OF PHYSICAL AGGRESSION AGAINST PEOPLE

SYMPTOMS OF PHYSICAL AGGRESSION AGAINST OBJECTS

SYMPTOMS OF SOCIAL INAPPROPRIATENESS
SYMPTOMS OF SELF-INJURIOUS BEHAVIOR

SYMPTOMS OF SUICIDAL IDEATION/BEHAVIOR

SYMPTOMS OF BEING DEMANDING/MANIPULATIVE
SYMPTOMS OF DEPRESSION

BEHAVIORS FOR REDUCTION

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SYMPTOM MEASURES
TRADITIONAL VERSUS COMPREHENSIVE PHENOMENOLOGY OF DYSCONTROL PLANS THAT INCLUDE ENVIRONMENTAL INTERVENTION

TRADITIONAL PLAN
“The person will hit the staff less than three times per week during transfers down from a level of twice daily within one month and will earn three tokens for each day that there are no episodes of hitting the staff, with the tokens to be used to buy items from the rewards menu.”

COMPREHENSIVE PHENOMENOLOGY OF DYSCONTROL PLAN
“The staff will only enter the person’s room one at a time. The first staff to enter will get permission from the person to have the second staff enter. Only the first staff will talk. The first staff will explain to the person the transfer to be done getting permission to proceed. The staff will speak in a calm, unhurried manner. The staff will provide reassurance about their knowledge of the transfer. The staff will have the person look directly into the staff’s eyes because for this person it is reassuring. The person will count down from three signaling to the staff the person’s readiness to proceed and the precise moment to start the transfer.”

Environmental Treatment: Physical Plant

Environmental Treatment: Staff