



A free service for you and your family

The **Resource Facilitation Program** is a free service available to all Minnesotans who sustain a traumatic brain injury. It provides ongoing support to assist you in coping with living with a brain injury.

How does it work?

If you decide to participate, a Resource Facilitator from the Brain Injury Association of Minnesota will call you within a few weeks after discharge and then on a regular basis every six months for up to two years to ensure that you and your family are getting your needs met. You are welcome to call us at any time. This does not replace any medical or rehabilitation follow-up.

We can help:

- answer questions and problem-solve issues
- identify resources and services within your community
- educate family members, employers and educators about what it means to live with a brain injury

How can you get this service?

In order to provide this resource, you or your legal parent/guardian will need to sign an authorization form available through your hospital or the Brain Injury Association of Minnesota. Interpreters are available for non-English speakers.

For more information, please contact:

The Brain Injury Association of Minnesota
1-800-669-6442 or 612-378-2742
www.braininjurymn.org



**Brain Injury
Association
of Minnesota**

Questions to consider before discharge

- Do you need medical follow-up and/or outpatient therapy? Have the appointments been scheduled? Will insurance cover the cost? Do you need a prescription?
- Are home care services required? Who will provide these services? Will insurance cover the cost?
- Do you have concerns about returning to work?
- Do you have concerns about your ability to drive? What are your transportation options?
- Will you need special equipment? Will insurance cover the cost? What company is supplying the equipment and has it been ordered? Do you need to make special modifications to your home?
- What medications will you need? Do you know your medication schedule? Do you have questions about refilling your prescriptions?
- Do you know who to contact in case of an emergency? Do you know how to contact the doctors that have been caring for you? Who will take you to the hospital and care for your children?
- Do you know how to access special education services within your school district?
- Have you explored financial resources like disability insurance, Social Security and Medicaid?
- Do you know about the Resource Facilitation Program through the Brain Injury Association of Minnesota? It is a free service for you and your family funded through a contract with the Minnesota Department of Health.

